

## IN BRIEF

### Wagner makes Antarctic history

Adventurer Hein Wagner became the first blind runner to complete the extreme Antarctic Marathon earlier this month.

Wagner finished the grueling race with athlete Nick Kruiskamp as his guide over the rugged terrain of mud, ice and sludge.

"I always knew the Antarctica Marathon would be a test of endurance, mental strength and perseverance," Wagner said.

"However, I never thought that being on the seventh continent surrounded by ice-capped mountains, glaciers, icebergs, snow, penguins, whales and other wildlife would be so emotionally overwhelming. I've never experienced anything colder than Antarctica. It had me shaking to my very core!"

Wagner has won the World Cup Cricket for the Blind, sailed the Cape-to-Rio yacht race, completed the gruelling Ironman triathlon and the Absa Cape Epic mountain biking race. - *Sapa*.



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